



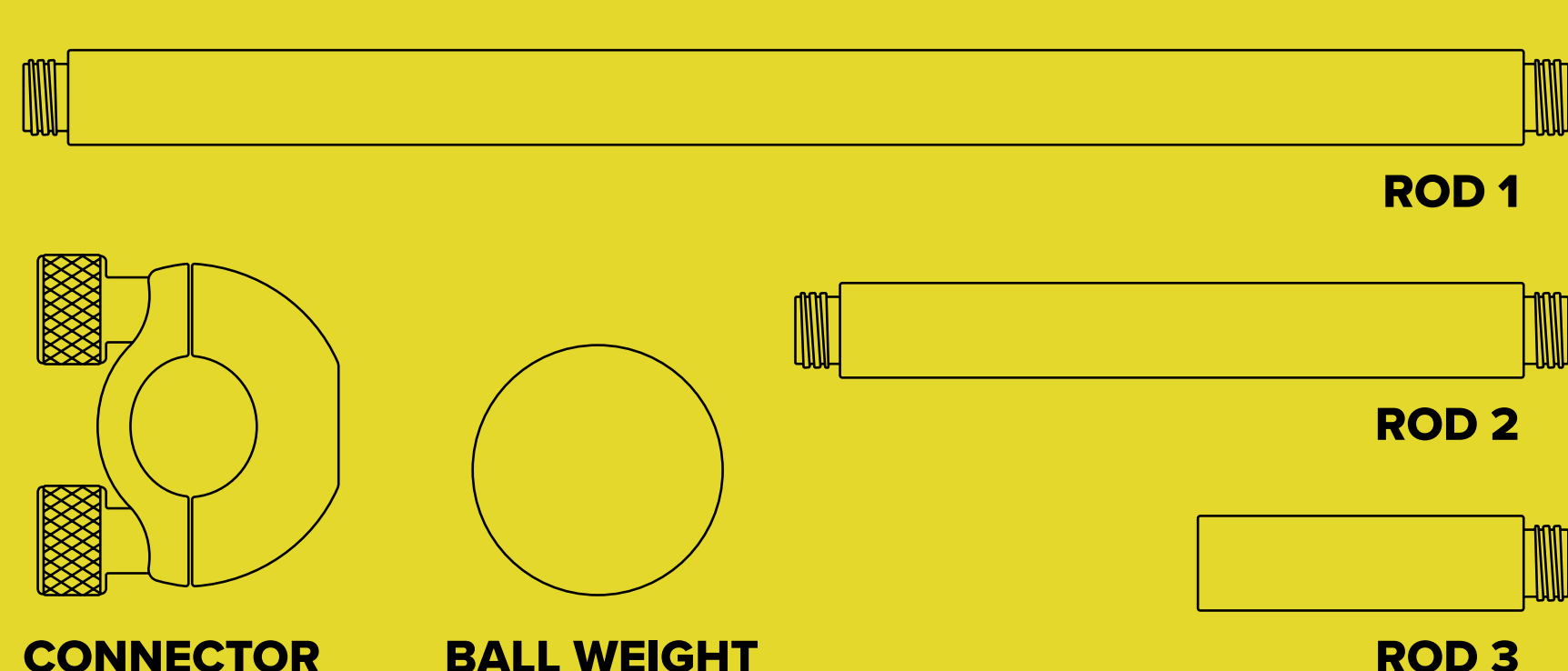
INSTRUCTIONS + INSTALLATION

Congratulations on committing to **improving your golf swing.**

We want you to get the most out of your new GEM by using our product in the correct way to ensure improvement in your game and safety for yourself and everyone around you.

Take the time to read and fully understand the instructions and guidance below to ensure best practice for using your GEM.

HOW TO CONNECT YOUR GEM



- 1 Take the connector and two thumb screws, loosely connect one thumb screw onto the top side of the connector.
- 2 Slide the connector onto the grip of the golf club leaving 5-10 mm between the connector and the shaft, **never connect directly onto the metal of the club**, screw in the second thumb screw but don't over tighten, now position the connector on the bottom side of the grip if you were holding the club to play a shot in a "toe up" position.
- 3 Screw one of the rods into the bottom of the connector ensuring you have screwed it as far as it goes.
- 4 Line up the shaft so it is in line with the leading edge of the golf club, once you are happy it is in line tighten the screws.
- 5 Screw on the ball weight, tighten fully between 6-8 times for safety reasons.

THE SHORT ROD

The shortest of the three rods fits directly onto the connector and can be used when hitting full shots.

Only one end on GEM ROD 3, has a thread as this is designed to be used without the weighted ball. Unlike the other two, the shortest rod should be fitted to the connector pointing skyward, keeping parallel to the leading edge of the club face.

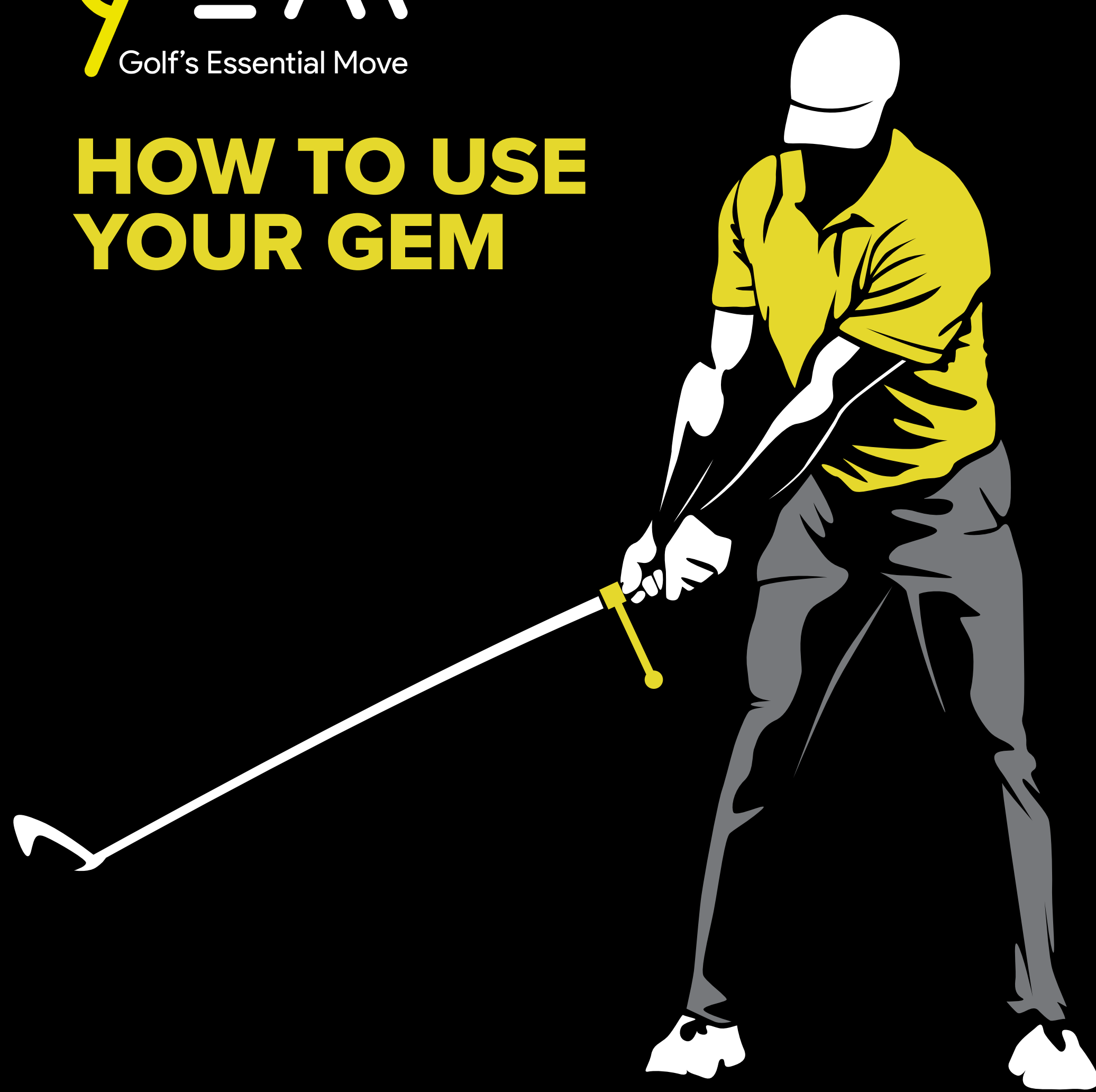
The principle is exactly the same as with the other two longer rods, at waist height in the back swing the rod should be straight up and on the follow through the rod should be in a vertical position at hip height.

We still recommend a few swings to get comfortable without hitting the ball, then when you feel more confidence beat some balls to groove the correct swing movements.

This is a great exercise to improve wedge play.

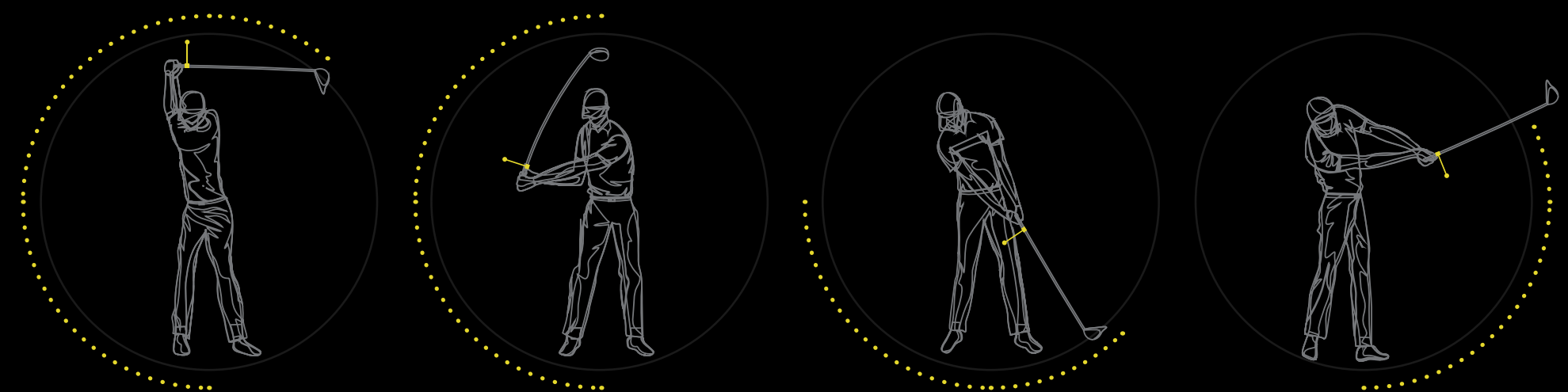


HOW TO USE YOUR GEM



Once you have attached the GEM correctly and securely (following steps 1 to 5 above) move the club from the address position into the toe up position at waist height in the back swing.

Once you have moved the club into the correct position in the backswing you can then swing the club through the hitting area into the toe up position at waist height in the follow through.



Once you have familiarised yourself with the backswing and follow through positions you will feel the weight on the GEM help you to rotate the club head through the impact area.

Practice this move 10-15 times and then unscrew GEM shaft from the connector and then you are ready to try your new muscle memory with a ball.

IMPORTANT

Never at any time attempt to hit a golf ball when the weighted steel ball is attached to your clubs.

DO'S & DON'TS

Follow these rules to get the best results from your GEM.

NEVER...

- ✗ Hit a golf ball with the weight on EVER
- ✗ Forget to check the tightness of the GEM before every use
- ✗ Hit the ground with the GEM attached
- ✗ Attach the connector to the shaft of your golf club, it should always be attached to the bottom of the grip

ALWAYS...

- ✓ Attach the GEM to the golf club as instructed
- ✓ Make sure the GEM is tightened correctly on your golf club every time you use it
- ✓ Attach the GEM connector to the grip at all times
- ✓ Make sure there are no other people within two meters of your swing path
- ✓ Swing your GEM as per instructions with tempo and maintain your balance
- ✓ Attach the shortest rod (GEM ROD 3) to any club to hit a golf ball
- ✓ Follow the instructions and enjoy the improvement in your ball striking

FOR BEST RESULTS

We encourage all users to swing a club with the GEM weight attached for five minutes every day, even if you can't hit balls.

This will reinforce the correct feel of how the hands and arms connect with the rotation of the body in the full swing.

Please study our instructional videos at www.gemgolf.com

Proudly made in Scotland

Any questions? Get in touch enquiries@gemgolf.com

The GEM will benefit all levels of players from a beginner to the best in the game.

Learn more at gemgolf.com